



# Þverfagleg persónumiðuð teymisvinna

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GUÐRÚN JÓHANNA HALLGRÍMSDÓTTIR - IÐJUPJÁLFI MEÐ NORRÆNT MEISTARANÁM Í ÖLDRUNARFRÆÐUM

# Leseefni

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## How to practice person-centred care: A conceptual framework.

- Santana, M.J., Manalili, K., Jolley, R.J., Zelinsky, S., Quan, H. og Lu, M. *Health Expectations* (2018); 21: 429-440.

## Teams, tribes and patient safety: overcoming barriers to effective teamwork in healthcare.

- Weller, J., Boyd, B. og Cumin, D. *Postgrad Medical Journal* (2014);90:149-154.

World Health Organization (WHO) – [www.who.int](http://www.who.int)

# Teymisvinna

Tilgangur

Mikilvægi

Fjölbreytileiki

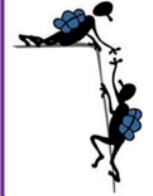
**Forming**  
Team acquaints and establishes ground rules. Formalities are preserved and members are treated as strangers.



**Storming**  
Members start to communicate their feelings but still view themselves as individuals rather than part of the team. They resist control by group leaders and show hostility.



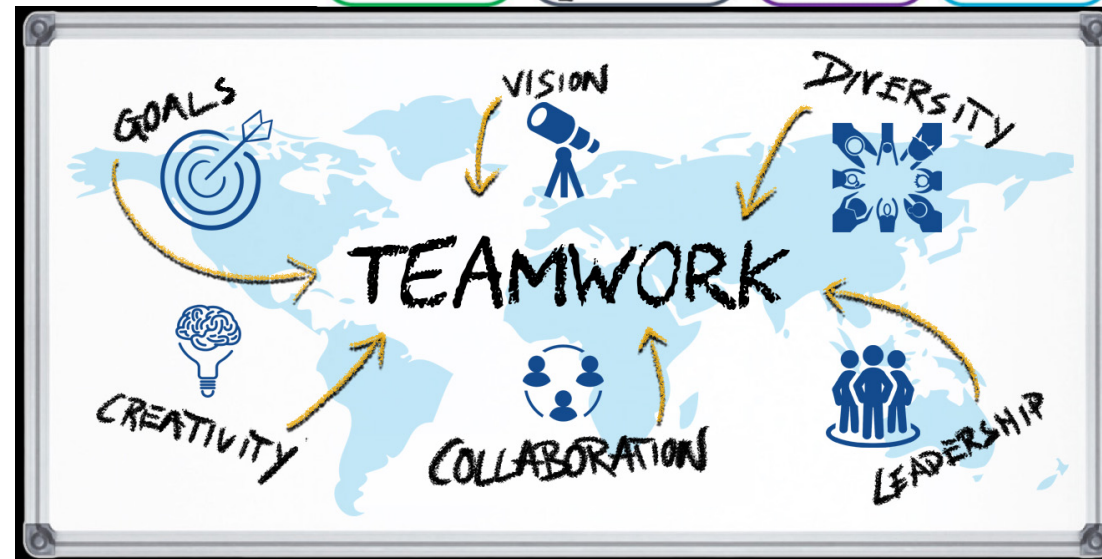
**Norming**  
People feel part of the team and realize that they can achieve work if they accept other viewpoints.



**Performing**  
The team works in an open and trusting atmosphere where flexibility is the key and hierarchy is of little importance.



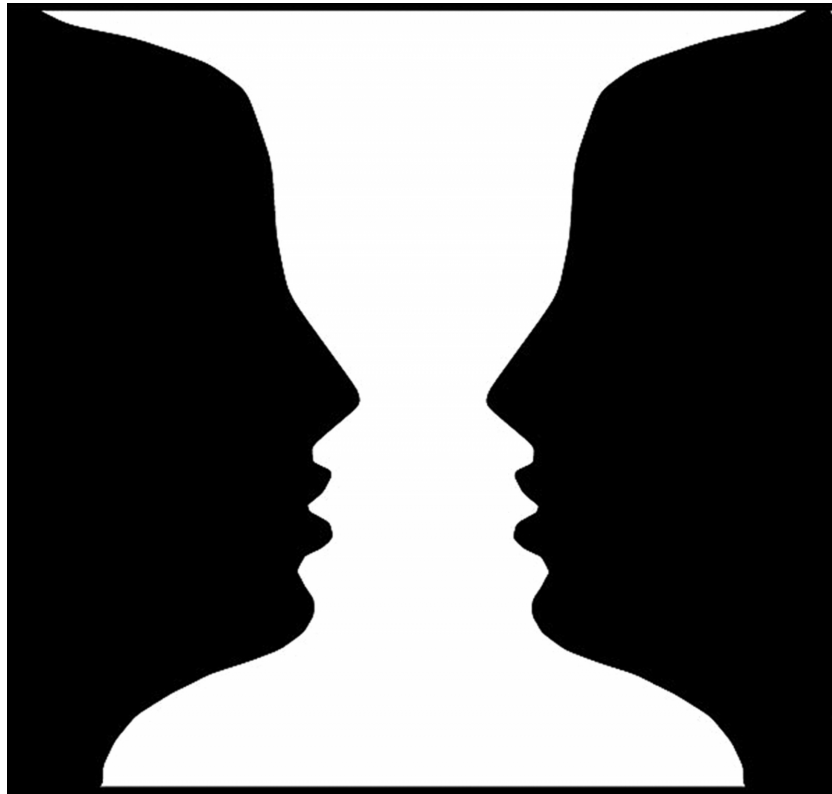
**Adjourning**  
The team conducts an assessment of the year and implements a plan for transitioning roles and recognizing members' contributions.



<https://project-management.com/the-five-stages-of-project-team-development/>

Ólík sýn gefur tækifæri á breiðara  
sjónarhorni og heildrænni nálgun í starfi

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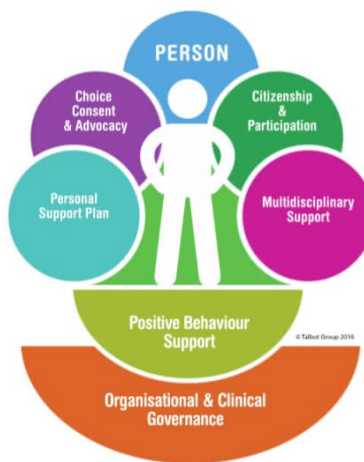


# Persónumiðuð þjónusta

Hugtakanotkun og mikilvægi

Sjúklingur vs Persóna

Heildræn þjónusta



TALBOT MODEL OF PERSON CENTRED CARE & SUPPORT



# Leiðir til árangursríkrar teymisvinnu

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Gildi teymisins

Verklag

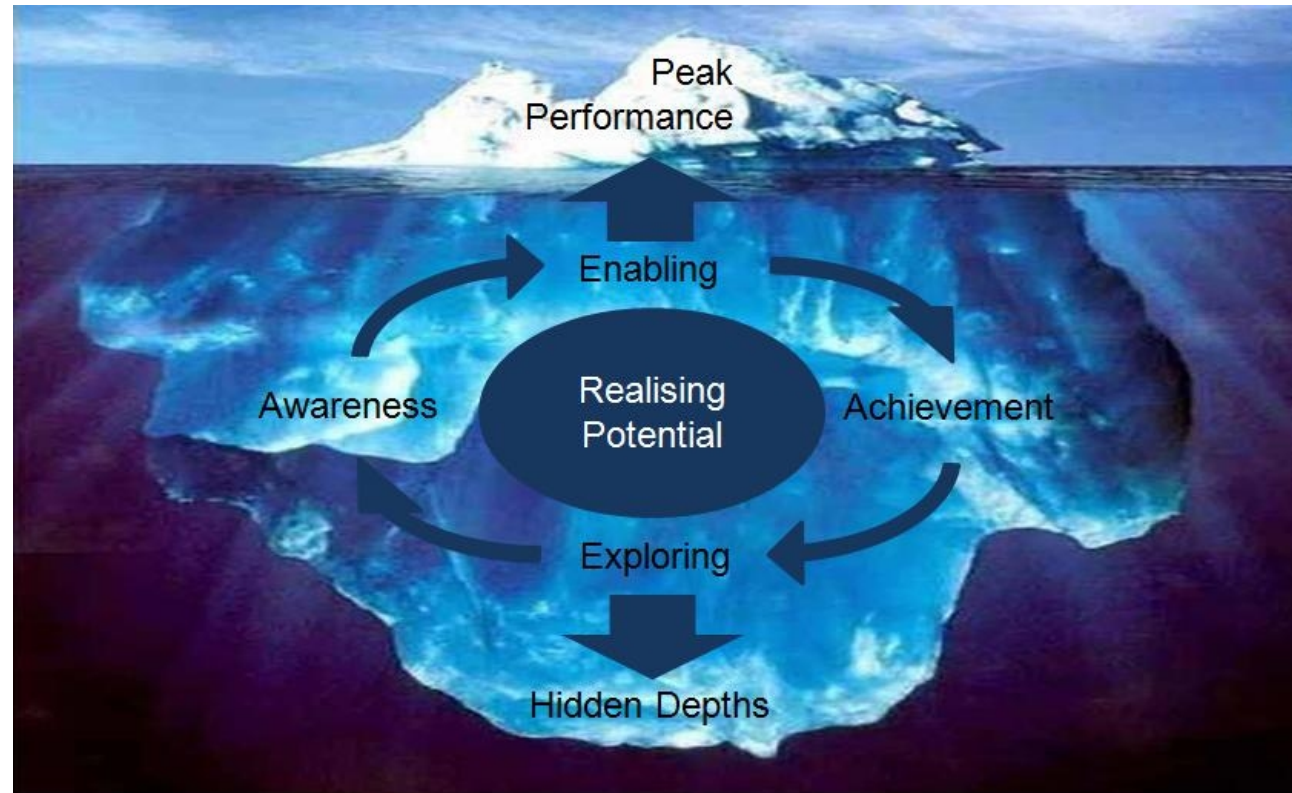
Hlutverkaleikir





# Árangur teymisvinnu

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Takk fyrir mig!

Guðrún Jóhanna Hallgrímsdóttir

Iðjubjálfi og verkefnastjóri, Endurhæfing í heimahúsi

Heimþjónusta velferðarsviðs, Reykjavíkurborg

Netfang: [guðrun.johanna.hallgrimsdottir@reykjavik.is](mailto:guðrun.johanna.hallgrimsdottir@reykjavik.is)

*Facebook:* Endurhæfing í heimahúsi á Íslandi

Megináhersla endurhæfingar í heimahúsi

er að styðja við styrkleika þína og

**það sem skiptir þig máli í lífinu – það jákvæða**

í stað þess að einblína á

hvað hrjáir þig og þú getur ekki – það neikvæða.

**Þverfaglegt samstarf við þig er okkar styrkleiki!**